

Recommendations for COVID-19 vaccination in pregnant and lactating people

Yale Medicine and Yale New Haven Health obstetric services leadership echo the statements of the American College of Obstetricians and Gynecologists and the Society for Maternal Fetal Medicine who [“recommend that all pregnant individuals be vaccinated against COVID-19.”](#) This would include a recommendation that those eligible for booster doses receive them to become fully up-to-date on their vaccine series. Further, we would also like to highlight the statements from the [CDC](#):

- People who are pregnant or recently pregnant are more likely to get severely ill with COVID-19 compared with people who are not pregnant.
- Getting a COVID-19 vaccine can help protect you from severe illness from COVID-19.
- COVID-19 vaccination is recommended for people who are pregnant, breastfeeding, trying to get pregnant now, or might become pregnant in the future.
- People who are pregnant may receive a COVID-19 vaccine booster shot.
- Evidence about the safety and effectiveness of COVID-19 vaccination during pregnancy has been growing. These data suggest that the benefits of receiving a COVID-19 vaccine outweigh any known or potential risks of vaccination during pregnancy.
- There is currently no evidence that any vaccines, including COVID-19 vaccines, cause fertility problems in women or men.